



mobility research

AutoStep™
Symmetry in Motion

AutoStep™, developed from a prototype created by two pediatric physical therapists, is an exciting new device designed to assist therapists in the therapeutic treatment of gait with a variety of patients, from the high functioning patient who needs to work on the refinement of their gait to the very low functioning patient who is unable to take independent steps.

DESIGNED BY THERAPISTS FOR THERAPISTS AND THEIR PATIENTS

- Attaches to many walkers - including all Rifton® Pacers*
- Works with most LiteGait® models - on and off the treadmill
- Multiple modules for different step lengths
- Allows therapist increased freedom to facilitate proper gait
- Accomodates patients with high or low tone with an adjustable tension band
- Allows both hip and knee flexion for LE advancement
- Allows therapist to maintain proper body mechanics
- Promotes increased stride length
- Promotes dissociation of the LE's
- Promotes foot clearance during swing phase
- Designed to assist and train symmetrical stepping
- Focuses on an equal stride length bilaterally
- Allows for dynamic stretching/ROM for legs

* Rifton Pacer not manufactured by, but available through Mobility Research



AutoStep™ with walker

Various Sizes Available for Adults and Children

Works with LiteGait & WalkAble Over Ground or Treadmill



FREEDOM FOR THERAPISTS INDEPENDENCE FOR PATIENTS

*Assisted Gait Training for Patients with CVA-SCI-TBI-CP-MS
Muscle Weakness-Amputation-Orthopedic Conditions*

FROM THE
CREATORS OF

LiteGait®

*The Original Partial-Weight-Bearing
Gait Therapy Device*

AutoStep™

Symmetry in Motion



AutoStep

The LiteGait® family of products has provided a safe and effective environment for walking therapy for over a decade. As the original partial weight bearing gait therapy device, LiteGait has forever altered gait therapy techniques as well as expectations of outcome. Our goal has always been to design products that will allow both the clinician and the patient to accomplish more - for the therapists to facilitate more and the patient to practice more. In pursuit of making this effort easier, AutoStep™ is one of the tools that is designed to assist both patient & therapist to accomplish that goal.

AutoStep reduces the burden of facilitation of gait for both pediatric and adult patients using walkers over ground, or LiteGait over ground or over treadmill while providing a constant symmetric cue for the patient to achieve a more symmetrical gait pattern. Adjustable tension bands from the device attach to the patient's feet and via movement of the walker or LiteGait over ground or the device itself on the treadmill it is able to promote an increased step length as well as facilitating lower extremity advancement and foot clearance. It also can be used as a tool to improve dissociation of the lower extremities as well as providing a dynamic/active stretch to the legs. Most importantly with the tension bands attached to the feet and facilitating foot clearance and advancement, it gives the therapist the freedom to facilitate increased weight shifting, hip extension, stability in stance, and much more, all while maintaining proper body mechanics.

*DESIGNED BY THERAPISTS FOR THERAPISTS
AND THEIR PATIENTS*

Specifications*	AS-12	AS-18	AS-24
Step Length (in)	12	18	24

*Approximate and subject to change without notice.

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LiteGait®

The Original Partial-Weight-Bearing
Gait Therapy Device

Mobility Research

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